

Community Park Tennis Complex*

365 John Street, Princeton, NJ 08540

Registration opens April 1, 2024 at 7:30am

Adult Spring Session April 22th – June 16th

- 8-week session Tuesday through Friday classes
- 7-week session Saturday through Monday classes (Closed Memorial Day weekend May 25th-27th)
- ➤ Register online at <u>www.PTP.org</u>
- ➤ Annual Pass Holders receive 10% discount
- ➤ Accounts Credits call (609) 520-0015

Refund Policy: Princeton Tennis Program is a non-profit organization that offers the community high-quality programming at a lower cost. To keep our administration cost to a minimum we do not offer refunds. PTP Account Credits may be issued in those circumstances where injury has occurred and a doctor's note is provided. See full policy at ptp.org.

^{*}Inclimate weather: Classes will move to Eve Kraft Tennis Center – 92 Washington Road, Princeton NJ 08540

BEGINNER NTRP LEVEL 1.5

Player has no or limited experience with stroke development and working primarily on getting the ball into play. This player is not yet ready to compete.

BEGINNER NTRP LEVEL 2.0

Player needs on-court experience with emphasis on play. Player struggles to find appropriate contact point, needs stroke development / lessons and not yet familiar with basic positions for singles and doubles.

Beginner Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Tuesday	10:30 am - 12:00 pm	\$272	April 23	June 11
Friday	5:30 pm – 7:00 pm	\$272	April 26	June 14
Saturday*	8:30 am - 10:00 am	\$238	April 27	June 15
Sunday*	1:00 pm - 2:30 pm	\$238	April 28	June 16

^{*7} week class

ADVANCED BEGINNER NTRP LEVEL 2.5

Player learning to judge where ball is going when receiving the ball, although movement and recovery are not in sync. Can sustain a rally of slow pace with other players of similar ability and is beginning to develop strokes. This player is becoming more familiar with the basic positions for singles and doubles. This player is ready to play social matches, leagues, and low-level tournaments. Potential limitations: grip weaknesses; not attempting full swing on serve; inconsistent toss on serve; limited transitions to net.

Advanced Beginner Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Monday*	10:30 am - 12:00 pm	\$238	April 22	June 10
Monday*	6:30 pm - 8:00 pm	\$238	April 22	June 10
Tuesday	6:00 pm - 7:30 pm	\$272	April 23	June 11
Wednesday	5:00 pm - 6:30 pm	\$272	April 24	June 12
Wednesday	6:30 pm – 8:00 pm	\$272	April 24	June 12
Friday	9:00 am - 10:30 am	\$272	April 26	June 14
Saturday*	7:00 am - 8:30 am	\$238	April 27	June 15
Saturday*	8:30 am - 10:00 am	\$238	April 27	June 15
Saturday*	10:00 am - 11:30 am	\$238	April 27	June 15
Sunday*	11:00 am - 12:30 pm	\$238	April 28	June 16

^{*7} week class

INTERMEDIATE NTRP LEVEL 3.0

Player is consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, pace or altering distance of shots. Most common doubles formation is one up, one back. Potential limitations: consistency when applying or handling pace; difficulty handling shots "outside of their strike zone"; can be uncomfortable at the net.

INTERMEDIATE NTRP LEVEL 3.5

Player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth, variety, and the ability to alter distance of shots. The effective use of lobs, overheads, approach shots, and volleys is limited due to a lack of confidence. Player is more comfortable at the net, has improved court awareness, and is developing teamwork in doubles. Potential limitations or strengths: "This is the level at which it begins to be about what skills a player can display on court, not what they can't." Players at this level may start to utilize mental skills related to concentration, tactics, and strategy.

Intermediate Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Monday*	9:00 am - 10:30 am	\$238	April 22	June 10
Monday*	7:00 pm - 8:30 pm	\$238	April 22	June 10
Tuesday	7:30 pm - 9:00 pm	\$272	April 23	June 11
Wednesday	8:00 pm - 9:30 pm	\$272	April 24	June 12
Thursday	9:00 am - 10:30 am	\$272	April 25	June 13
Thursday	10:30 am - 12:00 pm	\$272	April 25	June 13
Thursday	7:30 pm – 9:00 pm	\$272	April 25	June 13
Friday	10:30 am - 12:00 pm	\$272	April 26	June 14
Saturday*	8:30 am - 10:00 am	\$238	April 27	June 15
Saturday*	10:00 am - 11:30 am	\$238	April 27	June 15
Saturday*	1:00 pm - 2:30 pm	\$238	April 27	June 15
Sunday*	8:00 am - 9:30 am	\$238	April 28	June 16
Sunday*	9:30 am - 11:00 am	\$238	April 28	June 16
Sunday*	2:30 pm - 4:00 pm	\$235	April 28	June 16

^{*7} week class

ADVANCED NTRP LEVEL 4.0

Player has dependable strokes, including directional control, depth, and the ability to alter distance of shots on both forehand and backhand sides during moderately paced play and ability to use lobs, overheads, approach shots, volleys with more success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident. Potential strengths: less likely to beat themselves; more dependable second serve; recognizes opportunities to finish points.

ADVANCED NTRP LEVEL 4.5

Player has begun to vary the use of pace and spins, has good movement, can control distance and depth of shots, and is beginning to develop game plans according to strengths and weaknesses. Player can hit the first serve with power and accuracy and can place the second serve. Player tends to overhit on difficult shots. Aggressive net play is common in doubles. Potential strengths: points are won and lost off the serve more often; better able to cover weaknesses; beginning to develop a weapon around which their game can be built.

Advanced Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Wednesday	9:30 am - 11:00 am	\$272	April 24	June 12
Wednesday	8:00 pm - 9:30 pm	\$272	April 24	June 12
Thursday	7:30 pm – 9:00 pm	\$272	April 25	June 13
Saturday*	10:00 am - 11:30 am	\$238	April 27	June 15

Other Class Offerings

DAY	CLASS	TIME	PRICE	BEGINS	ENDS
Monday*	Early Morning Workout	7:00 am - 8:30 am	\$238	April 22	June 10
Monday*	Senior Class	9:00 am - 10:30 am	\$188	April 22	June 10