



Eve Kraft Tennis Center: 92 Washington Road, Princeton, NJ 08550

Junior First Winter Session **January 2nd - February 25th**

- 8-week session (Monday is a 7-week session, No class on Jan 1)
- Registration opens November 13th
- Annual Pass Holders receive 10% discount
- Classes will be held at the Eve Kraft Indoor Tennis Center
- NO REFUNDS. Credit for injuries with documentation from a doctor. Credit will be calculated based on the time frame in which the doctors note is received.**

THE PRINCETON TENNIS PROGRAM

JUNIOR PROGRAMS

The Princeton Tennis Program 12 and Under Program is modeled after the United States Tennis Associations (USTA) guidelines for developing players 5 to 12 years old. USTA 12 and under tennis allows children to learn, compete on courts and with equipment appropriate to their stage of development. The focus is game based, and the environment facilitates the child's ability to rally and compete at an early age.

RED BALL 1: 5 & 6 YEARS OLD

This class is an introductory class that focuses on athletic skills and basic stroke development. FUN is a key element in this class. Students will be introduced to groundstrokes and volleys in an encouraging environment.

Red Ball 1 Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Monday	3:45 pm – 4:30 pm	\$150	Jan 8	Feb 19
Wednesday	5:00 pm – 5:45 pm	\$170	Jan 3	Feb 21
Thursday	3:45 pm – 4:30 pm	\$170	Jan 4	Feb 22
Friday	3:45 pm – 4:30 pm	\$170	Jan 5	Feb 23
Saturday	9:00 am – 9:45 am	\$170	Jan 6	Feb 24
Sunday	9:00 am – 9:45 am	\$170	Jan 7	Feb 25

RED BALL 2: 6 & 8 YEARS OLD

This class will continue to reinforce proper stroke mechanics. Students will begin to rally with their groundstrokes. Children in this class will learn basics for the serve and volley. The environment will be fun, relaxed, and encouraging, facilitating the child's ability to develop technical and game skills for tennis.

Red Ball 2 Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Tuesday	3:45 pm – 4:30 pm	\$170	Jan 2	Feb 20
Wednesday	4:00 pm – 4:45 pm	\$170	Jan 3	Feb 21
Thursday	3:45 pm – 4:30 pm	\$170	Jan 4	Feb 22
Saturday	10:00 am – 10:45 am	\$170	Jan 6	Feb 24
Sunday	10:00 am – 10:45 am	\$170	Jan 7	Feb 25

ORANGE BALL 1 SKILL BUILDER: 7 – 10 YEARS OLD

This class will continue to focus on proper technique including appropriate grip changes. Students will continue to improve their rallying skills while developing an understanding of the service return, approach shot to volley transition and overhead. The environment will be fun and encouraging, facilitating the student's ability to develop technical and game skills for tennis.

Orange Ball 1 Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Monday	6:00 pm – 7:00 pm	\$200	Jan 8	Feb 19
Tuesday	5:00 pm – 6:00 pm	\$220	Jan 2	Feb 20
Wednesday	4:00 pm – 5:00 pm	\$220	Jan 3	Feb 21
Thursday	5:00 pm – 6:00 pm	\$220	Jan 4	Feb 22
Friday	4:30 pm – 5:30 pm	\$220	Jan 5	Feb 23
Saturday	11:30 am – 12:30 pm	\$220	Jan 6	Feb 24
Sunday	11:00 am – 12:00 pm	\$220	Jan 7	Feb 25

ORANGE BALL 2 CONNECTORS: 7 – 10 YEARS OLD

This class is designed for orange ball players able to successfully rally and serve. These students will learn how to compete against each other on the singles and doubles court. Technical parameters will be reinforced. The environment will be positive and active, facilitating the development of new competitive skills and reinforcement of existing skills.

Orange Ball 2 Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Monday	5:30 pm – 7:00 pm	\$275	Jan 8	Feb 19
Tuesday	4:30 pm – 6:00 pm	\$310	Jan 2	Feb 20
Wednesday	5:00 pm – 6:30 pm	\$310	Jan 3	Feb 21
Saturday	11:00 am – 12:30 pm	\$310	Jan 6	Feb 24
Sunday	11:00 am – 12:30 pm	\$310	Jan 7	Feb 25

GREEN BALL 1 SKILL BUILDER: 9 – 12 YEARS OLD

This class is designed for the 10 to 12-year-old student new to the game of tennis. This class will be taught on the regulation court with a green dot ball. The focus for this class will be on building technique for groundstrokes, volleys and serves. The environment will be fun and encouraging, facilitating the student's ability to develop technical and game skills for tennis.

Green Ball 1 Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Monday	4:30 pm – 5:30 pm	\$200	Jan 8	Feb 19
Wednesday	4:00 pm – 5:00 pm	\$220	Jan 3	Feb 21
Thursday	5:00 pm – 6:00 pm	\$220	Jan 4	Feb 22
Friday	4:30 pm – 5:30 pm	\$220	Jan 5	Feb 23
Saturday	10:00 am – 11:00 am	\$220	Jan 6	Feb 24
Saturday	11:30 am – 12:30 pm	\$220	Jan 6	Feb 24
Sunday	4:00 pm – 5:00 pm	\$220	Jan 7	Feb 25

GREEN BALL 2 CONNECTORS: 9 – 12 YEARS OLD

This class is designed for green dot players able to successfully rally and serve. Technical and tactical parameters will be reinforced. Students will improve their ability to produce racquet head speed and spin on their groundstrokes and serve. Players will become more self-reliant in their tactical decision-making skills. They will begin to understand winning and losing. The environment will be positive, active, and conducive to reinforcing new and existing skills.

Green Ball 2 Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Monday	5:00 pm – 6:30 pm	\$275	Jan 8	Feb 19
Tuesday	6:00 pm – 7:30 pm	\$310	Jan 2	Feb 20
Wednesday	5:00 pm – 6:30 pm	\$310	Jan 3	Feb 21
Thursday	6:00 pm – 7:30 pm	\$310	Jan 4	Feb 22
Saturday	11:30 am – 1:00 pm	\$310	Jan 6	Feb 24
Sunday	1:00 pm – 2:30 pm	\$310	Jan 7	Feb 25

GREEN/YELLOW TEEN: 13 YEARS AND OLDER

This class is designed for 13 and older teenager new to the game of tennis. The focus will be on technique for groundstrokes, volleys and serves. Both green dot and yellow balls will be used to benefit the student's development.

Green/Yellow Teen Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Tuesday	4:00 pm – 5:00 pm	\$220	Jan 2	Feb 20
Thursday	6:00 pm – 7:30 pm	\$310	Jan 4	Feb 22
Friday	5:30 pm – 7:00 pm	\$310	Jan 5	Feb 23
Saturday	12:30 pm – 2:00 pm	\$310	Jan 6	Feb 24
Sunday	4:00 pm – 5:00 pm	\$220	Jan 7	Feb 25

YELLOW 2 CONNECTORS: 11 YEARS AND OLDER

The emphasis in this class will be rallying and serving from the baseline. Technical and tactical parameters will be reinforced. Players will become more self-reliant in their tactical decision-making skills. The environment will be positive, active, and conducive to reinforcing new and existing skills.

Yellow Ball 2 Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Tuesday	5:00 pm – 6:30 pm	\$310	Jan 2	Feb 20
Wednesday	6:30 pm – 8:00 pm	\$310	Jan 3	Feb 21
Thursday	6:00 pm – 7:30 pm	\$310	Jan 4	Feb 22
Friday	5:30 pm – 7:00 pm	\$310	Jan 5	Feb 23
Saturday	10:00 am – 11:30 am	\$310	Jan 6	Feb 24
Sunday	2:30 pm – 4:00 pm	\$310	Jan 7	Feb 25

PERFORMERS- ORANGE, GREEN, AND YELLOW

This class is designed for students who are match ready. These students can serve, rally, keep score and have been rated eligible or need to try out. Footwork, strategy, consistency, and full court match play will be evaluated.

Performers Class Offerings

DAY	CLASS	TIME	PRICE	BEGINS	ENDS
Tuesday	Green Ball Performers	6:00 pm – 7:30 pm	\$310	Jan 2	Feb 20
Tuesday	Yellow Ball Performers	6:30 pm – 8:00 pm	\$310	Jan 2	Feb 20
Thursday	Green Ball Performers	4:30 pm – 6:00 pm	\$310	Jan 4	Feb 22
Thursday	Yellow Ball Performers	5:00 pm – 6:30 pm	\$310	Jan 4	Feb 22
Friday	Green Ball Performers	4:00 pm – 5:30 pm	\$310	Jan 5	Feb 23
Friday	Yellow Ball Performers	5:30 pm – 7:00 pm	\$310	Jan 5	Feb 23
Saturday	Yellow Ball Performers	12:30 pm – 2:00 pm	\$310	Jan 6	Feb 24
Saturday	Green Ball Performers	1:00 pm – 2:30 pm	\$310	Jan 6	Feb 24

HIGH SCHOOL TRAINING

This class is geared towards students who play for their high school team, as well as participate in tournaments. Students in this class have strong technique, hit medium to fast paced shots, and play with consistency, placement, and depth. The player must have a working knowledge of all spins and proper grips. Strong movement and well-developed footwork are necessary skills for this level. This class aims to develop players through various match situations by emphasizing different tactics and playing with variety.

High School Training Class Offerings

DAY	TIME	PRICE	BEGINS	ENDS
Wednesday	6:30 pm – 8:00 pm	\$310	Jan 3	Feb 21
Thursday	6:30 pm – 8:00 pm	\$310	Jan 4	Feb 22
Sunday	9:00 am – 11:00 am	\$480	Jan 7	Feb 25

Other Class Offerings

DAY	CLASS	TIME	PRICE	BEGINS	ENDS
Saturday	Autism	2:30 pm – 3:30 pm	No Cost	Jan 6	Feb 24