THE PRINCETON TENNIS PROGRAM JUNIOR PROGRAMS

The Princeton Tennis Program 12 and Under Program is modeled after the United States Tennis Associations guidelines for developing players 5 to 12 years old. USTA 12 and under tennis allows children to learn and compete on courts and with equipment appropriate to their stage of development. The focus is game based, and the environment facilitates the child's ability to rally and compete at an early age.

RED BALL 1 5&6 YEARS OLD

This class is an introductory class that focuses on athletic skills and basic stroke development. FUN is a key element in this class. Students will be introduced to groundstrokes and volleys in an encouraging environment.

RED BALL 2 7&8 YEARS OLD

This class will continue to reinforce proper stroke mechanics. Students will begin to rally with their groundstrokes. Children in this class will learn basics for the serve and volley. The environment will be fun, relaxed, and encouraging, facilitating the child's ability to develop technical and game skills for tennis.

ORANGE BALL 1 SKILL BUILDER 7-10 YEARS OLD

This class will continue to focus on proper technique including appropriate grip changes. Students will continue to improve their rallying skills while developing an understanding of the service return, approach shot to volley transition and overhead. The environment will be fun and encouraging, facilitating the student's ability to develop technical and game skills for tennis.

ORANGE BALL 2 CONNECTORS 7-10 YEARS OLD

This class is designed for orange ball players able to successfully rally and serve. These students will learn how to compete against each other on the singles and doubles court. Technical parameters will be reinforced. The environment will be positive and active, facilitating the development of new competitive skills and reinforcement of existing skills.

GREEN DOT 1 SKILL BUILDERS 10-12 YEARS OLD

This class is designed for the 10 to 12-year-old student new to the game of tennis. This class with be taught on the regulation court with a green dot ball. The focus for this class will be on building technique for groundstrokes, volleys and serves. The environment will be fun and encouraging, facilitating the student's ability to develop technical and game skills for tennis.

GREEN DOT 2 CONNECTORS 10-12 YEARS OLD

This class is designed for green dot players able to successfully rally and serve. Technical and tactical parameters will be reinforced. Students will improve their ability to produce racquet head speed and spin on their groundstrokes and serve. Players will become more self- reliant in their tactical decision-making skills. They will begin to understand winning and losing. The environment will be positive, active, and conducive to reinforcing new and existing skills.

GREEN/YELLOW 1 TEEN (13 YRS. AND OLDER)

This class is designed for 13 and older teenager new to the game of tennis. The focus will be on technique for groundstrokes, volleys and serves. Both green dot and yellow balls will be used to benefit the student's development.

YELLOW 2 CONNECTORS (12 AND OLDER)

The emphasis in this class will be rallying and serving from the baseline. Technical and tactical parameters will be reinforced. Players will become more self- reliant in their tactical decision-making skills. The environment will be positive, active, and conducive to reinforcing new and existing skills.

PERFORMERS

This class is designed for students who are match ready. These students can serve, rally, keep score and have been rated eligible or need to try out. Footwork, strategy, consistency, and full court match play will be evaluated.

PTP Summer Junior Schedule

June 21st - August 21st

9 week session

Classes with be held outdoors at Community Park South in Princeton and Indoor Backup at Eve Kraft Tennis Center. Make up classes will be offered the week of August 23rd to allow for flexibility

- Maximum 6 players per court
- Classes will end 10 minutes early than normal to allow for proper social distancing between classes, when class times back up to each other, and allow the pros to properly sanitize
- Please email if you have a special request for a private group lesson, other than sessions listed below, email – Gina Pileggi - gina@ptp.org, or call the club at 609-520-0015

Day	Class	Time	Price	Begins	Ends
Monday	Red Ball 1	4:30pm-5:20pm	$135	June 21	August 16
Monday	Orange Ball 1	5:30pm-6:20pm	$135	June 21	August 16
Monday	Green Yellow Teen	6:30pm-7:50pm	$205	June 21	August 16
Tuesday	Green Ball 1	4:30pm-5:20pm	$135	June 22	August 17
Tuesday	Green Ball 2	5:30pm-6:50pm	$205	June 22	August 17
Tuesday	High School Level	7:00pm-8:20pm	$205	June 22	August 17
Wednesday	Orange Ball 2	4:30pm-5:50pm	$205	June 23	August 18
Wednesday	High School Level	6:00pm-7:20pm	$205	June 23	August 18
Thursday	Red Ball 2	4:30pm-5:20pm	$135	June 24	August 19
Thursday	Orange Performers	5:30pm-6:50pm	$205	June 24	August 19
Thursday	Green Yellow Teen	7:00pm-8:20pm	$205	June 24	August 19
Saturday	Red Ball 1`	9:00am-9:50am	$135	June 26	August 21

Day	Class	Time	Price	Begins	Ends
Saturday	Red Ball 2	10:00am-10:50am	$135	June 26	August 21
Saturday	Orange Performers	10:30am-11:50am	$205	June 26	August 21
Saturday	Orange Ball 1	11:00am-11:50am	$135	June 26	August 21
Saturday	Green Dot Ball 1	12:00pm-12:50pm	$135	June 26	August 21
Saturday	Yellow Performer	12:00pm-1:20pm	$205	June 26	August 21

Please call the club at 609-520-0015 to register or through your on-line PTP account