Adult Skill Levels

BEGINNER

NTRP Level 1.5: This player has had no or limited experience with stroke development and is still working primarily on getting the ball into play. This player is not yet ready to compete.

NTRP Level 2.0: This player needs on-court experience, with an emphasis on play. This player struggles to find an appropriate contact point, needs stroke development/lessons and is not yet familiar with basic positions for singles and doubles

ADVANCED BEGINNER

NTRP LEVEL 2.5: This player is learning to judge where the ball is going when receiving the ball, although movement and recovery are not in sync. Can sustain a rally of slow pace with other players of similar ability and is beginning to develop strokes. This player is becoming more familiar with the basic positions for singles and doubles. This player is ready to play social matches, leagues and low-level tourna- ments. Potential limitations: grip weaknesses; not attempting full swing on serve; inconsistent toss on serve; limited transitions to net.

INTERMEDIATE

NTRP LEVEL 3.0: This player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, pace or altering distance of shots. Most common doubles formation is one up, one back. Potential limitations: consistency when applying or handling pace; difficulty handling shots “outside of their strike zone”; can be uncomfortable at the net.

NTRP LEVEL 3.5: This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth, variety and the ability to alter distance of shots. The effective use of lobs, overheads, approach shots, and volleys is limited due to a lack of confidence. This player is more comfortable at the net, has improved court awareness, and is developing teamwork in doubles. Potential limitations or strengths: “This is the level at which it begins to be about what skills a player can display on court, not what they can’t.” Players at this level may start to utilize mental skills related to concentration, tactics and strategy.

ADVANCED

NTRP LEVEL 4.0: This player has dependable strokes, including directional control, depth and the ability to alter distance of shots on both forehand and backhand sides during moderately paced play, plus the ability to use lobs, overheads, approach shots, and volleys with more success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident. Potential strengths: less likely to beat themselves; more dependable second serve; recognizes opportunities to finish points.

NTRP LEVEL 4.5: This player has begun to vary the use of pace and spins, has good movement, can control distance and depth of shots, and is beginning to develop game plans according to strengths and weaknesses. This player can hit the first serve with power and accuracy and can place the second serve. This player tends to overhit on difficult shots. Aggressive net play is common in doubles. Potential strengths: points are won and lost off the serve more often; better able to cover weaknesses; beginning to develop a weapon around which their game can be built.

January - April 2021 Classes

1st Session 8 Weeks

2nd Session 8 Weeks

- No registration fees
- Classes will end 10 minutes early than normal to allow for proper social distancing between classes, when class times back up to each other, and allow the pros to properly sanitize ****
- Please email if you have a special request for a private group lesson, other than sessions listed below, email – Gina Pileggi - gina@ptp.org
- Customers can sign up for one or both sessions
- 4 players max per court

Day	Class	Time	Price	1st Session		2nd Session	
				Begins	Ends	Begins	Ends
Monday	Early Morning Workout	7:00am–8:20am	$280 (per session)	Jan 4	Feb 22	March 1	April 19
Monday	Adult Intermediate	9:00am- 10:20am	$280 (per session)	Jan 4	Feb 22	March 1	April 19
Monday	Senior Discounted 2/3	10:30am- 11:50am	$220 (per session)	Jan 4	Feb 22	March 1	April 19
Monday	Adult Intermediate Adult	7:00pm- 8:20pm	$280 (per session)	Jan 4	Feb 22	March 1	April 19
Tuesday	Adult Advanced Beginner	6:00pm- 7:30pm	$280 (per session)	Jan 5	Feb 23	March 2	April 20
Tuesday	Intermediate	7:30pm-8:50pm	$280 (per session)	Jan 5	Feb 23	March 2	April 20
Wednesday	Adult Beginner	5:00pm-6:30pm	$280 (per session)	Jan 6	Feb 24	March 3	April 21
Wednesday	Adult Advanced Beginner	5:00pm-6:20pm	$280 (per session)	Jan 6	Feb 24	March 3	April 21
Wednesday	Adult Advanced Beginner	6:30pm-7:50pm	$280 (per session)	Jan 6	Feb 24	March 3	April 21
Wednesday	Adult Intermediate	8:00pm-9:20pm	$280 (per session)	Jan 6	Feb 24	March 3	April 21
Wednesday	Adult Advanced	8:00pm-9:20pm	$280 (per session)	Jan 6	Feb 24	March 3	April 21
Thursday	Doubles Strategy	9:00am-10:20am	$280(per session)	Jan 7	Feb 25	March 4	April 22
Thursday	Adult Advanced	10:30am-11:50am	$280 (per session)	Jan 7	Feb 25	March 4	April 22
Thursday	Senior Discounted 3/4	2:00pm-3:20pm	$220 (per session)	Jan 7	Feb 25	March 4	April 22
Thursday	Senior Discounted 4/5	2:00 pm-3:20pm	$220 (per session)	Jan 7	Feb 25	March 4	April 22
Thursday	Adult Advanced	8:30pm-9:50pm	$280 (per session)	Jan 7	Feb 25	March 4	April 22

PRINCETON TENNIS PROGRAM

Day	Class	Time	Price	1st Session		2nd Session	
				Begins	Ends	Begins	Ends
Friday	Adult Beginner	9:00am-10:20am	$280 (per session)	Jan 8	Feb 26	March 5	April 23
Friday	Adult Advanced Beginner	9:00am-10:20am	$280 (per session)	Jan 8	Feb 26	March 5	April 23
Friday	Adult Intermediate Men's Drill	10:30am-11:50am	$280 (per session)	Jan 8	Feb 26	March 5	April 23
Saturday	Adult Beginner	8:30am–9:50am	$280 (per session)	Jan 9	Feb 27	March 6	April 24
Saturday	Adult Advanced Beginner	8:30am-9:50am	$280 (per session)	Jan 9	Feb 27	March 6	April 24
Saturday	Adult Intermediate	8:30am-9:50am	$280 (per session)	Jan 9	Feb 27	March 6	April 24
Saturday	Adult Intermediate	10:00am-11:20am	$280 (per session)	Jan 9	Feb 27	March 6	April 24
Saturday	Adult Beginner	10:00am-11:20am	$280 (per session)	Jan 9	Feb 27	March 6	April 24
Sunday	Adult Intermediate	8:00am-9:20am	$280 (per session)	Jan 10	Feb 28	March 7	April 25
Sunday	Adult Intermediate	9:30am-10:50am	$280 (per session)	Jan 10	Feb 28	March 7	April 25
Sunday	Adult Beginner	11:00am-12:20pm	$280 (per session)	Jan 10	Feb 28	March 7	April 25
Sunday	Adult Beginner	1:00pm-2:30pm	$280 (per session)	Jan 10	Feb 28	March 7	April 25

609-520-0015

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